

# Preparation

- Review prior serious illness conversations
- Seek input from PCP, specialists, SW, CM, chaplain, others
- Encourage RN attendance
- Engage family/caregivers

#### **Introductory Statement**

- Have you had any conversations with your primary care doctor or other doctor about your goals and wishes for your care or planning for the future?
- It's important that we have information about what matters most to you so we can best support you and your family. Would that be OK?

### **OPEN THE CONVERSATION**

I'd like to talk about what is ahead with your illness. Would that be OK?

## ASSESS PROGNOSTIC AWARENESS

What is your **understanding** of your illness? Looking to the future, what are your **hopes** about your health? What are your **worries**?

### SHARE WORRY

Would it be OK if we talked more about what may lie ahead? FUNCTION: I hear you're hoping for \_\_\_\_\_ and I worry the decline we have seen is going to continue.

TIME: I hear you're hoping for \_\_\_\_\_ and I worry something serious may happen in the next few (wks/mths/yrs).

### ALIGN

I wish we didn't have to worry about this.

### **EXPLORE WHAT'S IMPORTANT**

If your health situation worsens, what is **most important** to you? How much do your **family or friends** know about your priorities and wishes?

# **CLOSE THE CONVERSATION**

It sounds like \_\_\_\_\_ is very important to you.

Given what's important to you, I recommend ...

# DOCUMENT YOUR CONVERSATION

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