

### Set up

- Think together about what's important to you and your child
- Provide the right care now and in the future
- No decisions necessary today

### Responding to Emotion

- Name the emotion: *This is frustrating.*
- Explore hopes beyond cure: *What else are you hoping for?*

### Focus on what can be done

- Maintain quality of life
- Prioritize comfort
- Allow a natural death
- Mitigate parent regret
- Identify hopes other than cure or extended life

## OPEN THE CONVERSATION

I'd like to talk about how \_\_\_\_\_ is doing and where things might be going. Would that be OK?

## ASSESS PROGNOSTIC AWARENESS

What is your **understanding** of \_\_\_\_\_'s illness/health?

What are your **hopes** right now for their health? *And what else?*

What are your **worries**? *And what else?*

## SHARE WORRY

Would it be OK if we talked more about what may lie ahead?

TIME: I **hear** you're hoping for \_\_\_\_\_ **and** I **worry** \_\_\_\_\_ may get sicker in the coming hours/days/weeks/months/years (and may not survive).

FUNCTION: I **hear** you're hoping for \_\_\_\_\_ and I **worry** the decline we have seen is going to continue.

UNCERTAIN: It can be difficult to predict what will happen with \_\_\_\_\_'s health. I **hope** \_\_\_\_\_ and I'm **worried** \_\_\_\_\_. I think it is important to prepare for that possibility.

## (PAUSE FOR SILENCE)

## ALIGN

I **wish** we didn't have to worry about this.

## EXPLORE WHAT'S IMPORTANT

What gives you **strength** as you navigate \_\_\_\_\_'s illness/health?

If \_\_\_\_\_'s health worsens, what becomes most important?

How aware are **family or friends** of what is happening?

## MAKE A RECOMMENDATION

**It sounds like** \_\_\_\_\_ is very important.

Given what's important, I **recommend** ...

## DOCUMENT YOUR CONVERSATION USING ACP MODULE