

### Set up

- Think together about what's important to you and your child
- Provide the right care now and in the future
- No decisions necessary today

### Responding to Emotion

- Name the emotion:  
*This is frustrating.*
- Explore hopes beyond cure: *What else are you hoping for?*

### Focus on what can be done

- Maintain quality of life
- Prioritize comfort
- Allow a natural death
- Mitigate parent regret
- Identify hopes other than cure or extended life

### OPEN THE CONVERSATION

I'd like to talk about how \_\_\_\_\_ is doing and where things might be going. Would that be OK?

### ASSESS PROGNOSTIC AWARENESS

What is your **understanding** of \_\_\_\_\_'s illness?

What are your **hopes** right now for their health?

What are your **worries**?

### SHARE WORRY

Would it be OK if we talked more about what may lie ahead?

I **hear** you're hoping for \_\_\_\_\_ **and I worry** \_\_\_\_\_ may get sicker in the coming hours/days/weeks/months/years (and may not survive).

I **hear** you're hoping for \_\_\_\_\_ **and I worry** the decline we've seen is going to continue.

### ALIGN

I **wish** we didn't have to worry about this.

### EXPLORE WHAT'S IMPORTANT

If \_\_\_\_\_'s health worsens, what becomes most important?

How aware are **family or friends** of what is happening?

### MAKE A RECOMMENDATION

**It sounds like** \_\_\_\_\_ is very important.

Given what's important, **I recommend** ...

### DOCUMENT YOUR CONVERSATION USING ACP MODULE